ADHYATMIK ISHWAYIA VISHWA VIDYALAYA

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Today's morning class is dated 12th October, 1967. The Father explains to the children. Sit considering yourself to be a soul and then remember the Father. Who explains? It isn't the father of the body- the bodily being. The Father of the soul that resides in the body is the Supreme Father Supreme Soul. The body is a corporeal thing made of five elements. So, the father of the body is also an idol/effigy of five elements. He is also a bodily being. And the soul residing within the body is not made up of the five elements. The five elements keep changing their form. The form of the body is present today; it would not be present tomorrow. And [but] the soul is present today, it was present earlier too and it would be present always. So, that Father of soul, i.e. the Supreme Soul is also similar [like this]. He was eternal, is eternal and he will be eternal in future too. [He was, he is and he will be eternal.] The soul is a point of light; its father is also a point of light. It is said for the soul that – 'A wonderful star shines in the middle of the forehead (between the two eyebrows).' That star is not visible in a shining form. Is it visible to anyone? Yes, if someone concentrates very much, then the shining star is visible or it may be visible to someone in the divine visions. So, all of us are point-like souls and the father of all the point like souls is the point of light, Supreme Father Supreme soul. Our name falls on the body. What? Our name falls on the body and the Father of the souls does not have His body. He is forever bodiless (videhi). That is why the name of His soul is – Shiv. The name of our soul is not Shiv. Shiv means kalyaankaari (benefactor). Today we cause benefit, and tomorrow we cause harm to someone. Leave others, we cause harm to ourselves. So, all our soul cannot be called Shiv. So, not all our soul can be called Shiv. Yes, we are the children of that point of light soul 'Shiv'. We are numberwise benefactors as per our efforts. The point is not visible to these eyes, but the sparkle/shine of that point of light is visible in these eyes. When a man leaves his body, the eyes become like buttons. Does any sparkle/shine remain in the eyes? It does not remain. So, we souls are indeed forms of light, whose light is radiating through these eyes, but it is so subtle that it is not visible through these eyes, that from where and how did that light exit? When a human being leaves his body..., scientists have performed many experiments and seen how the soul exits/escapes. They confined a dying person in a glass-room. They made it of glass and confined him inside. The soul escaped and the glass bursted/cracked. Such power in such a small soul! Yes, the more subtle a thing the more powerful it is. Atom is so small. Atom is observed through machines. Atom bombs are prepared with it. There is so much power in it. Even then, that is observed through the machines, but the soul cannot be seen even through machines. So subtle a soul and that too is numberwise. What? The power of one soul does not match with the power of another soul. Just as there are small and big batteries, aren't there? There are small batteries in clocks/watches. Some have less power and some have more power. So, similarly, there is individual capacity to retain numberwise power in the point of light souls. The most powerful soul is the Supreme Soul Shiv. But He does not come in the cycle of birth and death. That is why He does not take birth through womb. If He too starts taking birth through the womb, then there is nobody to liberate us souls, who enter the cycle of birth and death. That is the reason why the Supreme Soul Shiv is called videhi (bodiless). It means that he is opposite (vipreet) to the body. We souls are not opposite to the bodies. we become favourable/friendly to the body and we are indeed so. If anyone asks us that are we videhi [bodiless] or dehi (embodied)? Now we are dehi. Our intellect remains engrossed in the body. We are bodily beings. Our intellect gets attracted to the body every moment. The intellect gets attracted to its body and the intellect gets attracted to others' body. The intellect gets attracted to the things related to the body. But that Supreme Soul Father does come in this world. Just as we souls come to this world and play our part in the cycle of 84 births, He too comes; He even enters into the bodily beings, although He especially enters in the appointed chariot (mukarrar rath or the permanent chariot). Despite that, He does not get attracted by the body. He does not develop attachment towards the body. And what about us? We develop attachment for the body. Even that attachment can break number wise through the practice as per [according to] one's efforts. Everyone's does not become detached [or break] equally. In such a big world, how many souls are there in the category of human souls? 500-700 crores [5 to 7 billion]. Just as there are seeds, isn't it? So, as is the seed, so will be the tree or plant that grows out of it. It will not be so, that if it is a seed of wheat and the plant that grows is of pea, gram. No. So, our soul is also a human soul. Whenever the human soul takes birth, it would take the birth of a human being only. Now, it has been written in the scriptures that - the human soul passes through the 84 lakh species. If the soul passes through the 84 lakh species, and when many souls take birth as children, they have been observed to describe the story of their past births, but has any child said that he was an insect or a worm, an animal or a bird in the previous birth? Nobody described. What does it prove? That – [no human soul ever takes birth in other species] no human soul takes rebirth as other species at all and a (valid) reason is also required to go (and take rebirth as another species). They tell the reason that - if someone commits sins, he has to pass through the cycle of 84 lakh species to suffer punishments for that sin. So, does he pass through the cycle of 84 lakh species? Does he pass through the cycle of 84 lakh species? (Someone said - No) What is the reason? Why would he pass through? Can one not experience the punishments for the sinful actions while being in the human species? There are even more organs in the human species and the animals, birds, worms and insects do not have so many organs. A snake for example. Have you seen the ears of a snake? They are not visible. Does it have arms? Does it have limbs? They are not visible. So, they have fewer organs, hence their pleasures and pains also become less. And human beings have all the organs, that is why they experience more pleasures and pains. Pleasure is experienced through organs as well as pain is experienced through the organs.....some souls become so sorrowful. What is the main reason? Beat the animals like, bull, buffalo or cow with a stick. It would feel (the pain) just when it is beaten with the stick. Later on, it would not remember throughout the life. And what about the human beings? Leave the matter about sticks, if a human being is just told a harsh word, he would remember it throughout the life. It proves that – the eleventh organ, i.e. the mind, which is very subtle. It is a power of the soul itself. The more powerful the mind of a soul, the more it experiences pleasures and pains. Well, is that mind present in the Supreme Soul or not? In the Supreme Father? The one, who possesses a mind, would think, churn. The one who does not have mind, would not think and churn. And that is true too. The one who takes birth and dies, would think and churn as well. The one, who does not take birth and die at all, does not require thinking or churning at all. He is asochtaa (the one who does not think). What? He is abhokta. He neither experiences pleasures nor pain. So, that Supreme Soul Shiv, the name of whose soul is Shiv, the name of *Bindu* (a point) is Shiv. The human beings, the sages and saints made the large shape of that point of light for sake of convenience of worship (thinking) that one would not be able to know the point at all. If they pour water, then it is not sure where it would slip. So, they made a bigger form of that bindu - a Shivling and the Shivling was placed in the temples for worship. Big form can be worshipped, and the small form cannot be worshipped at all. So, there are two forms. One is a big form that is made, which is called *ling* and a bindu (point) is also placed in the ling. For example, there was a temple of Somnath. It is a very old temple in the history. In that temple, there was a red stone and a diamond was studded in it. What does it remind of? The diamond is the reminder/memorial of the point of light Supreme Soul and its bigger form that has been depicted, is the corporeal (chariot) in which He enters, the one who gets filled with the stock of knowledge, filled with the light of knowledge. That has been depicted in it. It means that He is the Supreme soul Shiv in two forms. One is in the form of the point-like soul, but He cannot do anything without the body, and the second is its practical form – the body in which He enters in a permanent (appointed) form, by entering into one. He changes, transforms the entire world through him. He transforms the world of sorrows into a world of happiness. So, that point of light was shown in the Somnath temple in the form of Shivling. The big form is the memorial of the corporeal (chariot), in which that Shiv enters and His very subtle form has been shown in the form of a star. Arms, legs, nose, eyes, ears have not been shown in it. Why have they not been shown? They have not been shown because – the corporeal human being in whom He enters in a permanent (mukarrar or appointed) form. When that corporeal bodily being reaches the most perfect stage while remembering the Supreme Soul Shiv, he does not remain conscious of his organs. For example, the ears are there, it is not that the ears vanish or get cut. No. Ears are present, but not hearing in spite of listening through the ears. What is the condition of numberwise souls like us? If anyone says something, if anyone utters bad words, if anyone of defames, if anyone abuses, we retain it in our ears. We are unable to forget that matter. It means that our soul is in our ears. What is the meaning of dehdhaari (embodied/bodily being)? Who assumes the body? The soul; But when is that soul called a dehdhaari? When it gets attached to the body? Otherwise, a person can also do like this that - if anyone speaks wasteful matters, if anyone speaks lies, if anyone speaks things which do not appear to be sweet, if anyone speaks impure matters, then we should listen through one ear and leave it through the other ear. The Supreme Soul has the quality/speciality that He does not have His own body at all. There are no organs at all. So, it is all right, there are no organs, then there is no question of attachment also, but when He enters, He listens to the versions/matters of the soul-like children. He observes the faces of the soullike children. He does know the act of all the soul-like children and he does discriminate them. Had it not been so, then the corporeal idol-like form of Shiv, which has been shown - Shankar, that soul of Shankar is different. The soul of Shiv is different. What is the difference between both of them? The name of just Shiv's soul is Shiv. And the name of Shankar's body, idol is Shankar. Why is the name Shankar? It is because all the names mentioned in the scriptures are based on the acts [that have been performed]. As the task performed by someone, so is the name that they got. So, how was this name The incorporeal one, who is forever incorporeal, egoless and without vice Shankar assigned? [viceless], performs the task through him. He never gets affected by the deformity/defect (vikruti) of the body or the vikruti of the organs of the body at all. Because of not getting influenced by the vikruti of the organs of the body, he is called the incorporeal, without vice [viceless]. He does not have the ego of the body at all. That is why He is egoless, but what about the soul of Shankar? Shankar means mix. It is said, varnashankar (hybrid / a mixed race), isn't it? If the woman (wife) is from the Brahmin caste and if the man (husband) is a Christian, and the child who is born through both of them would be called varnashankar. It means it is a mixed / creation. So, similarly, the form of Shankar includes both aspects. What? Both the aspects are equally present. He can become hundred percent incorporeal as well as hundred percent corporeal. That incorporeal enters into him. So, through practice, through the practice of Rajyoga; because Shankar is also shown to be sitting in remembrance. All the idols, statues of bodily beings, of deities, which exist; how did they become deities? How did they get transformed from a man to Narayan? Gita contains the knowledge of transforming a man into Narayan, to transform a woman into Lakshmi, but how did they become? What is the method of getting transformed from a human being to a deity? That Rajyog, which the Supreme Soul Shiv comes and teaches in this world, through that Rajyog they, transformed themselves from degraded ones to what? They made themselves pure. They transformed the vicious soul, which was full of sex-lust, anger, greed, attachment, ego, into a soul without vices [viceless], i.e. a deity. Who is the maker? The Supreme Soul Shiv. Through whom does He make? Through Shankar. So, Shankar, the bodily being, is not incorporeal forever. Yes, when he practices Rajyoga, because the Supreme Soul Shiv enters into him in a permanent/appointed form, so through the colour of company that gets applied, that soul becomes equal to Shiv. Father Shiv is the Father of souls. So, the one who is the father of souls, comes and makes the souls equal to Himself, doesn't He? Well, it is a matter of making efforts. Someone would become equal to the Father earlier and some would become later. Someone will make efforts voluntarily and become equal to the Father. And someone will hesitate to make efforts. They will not make efforts that much affectionately. Some children study lovingly and some children do not study in spite of being pushed to do so. But that Supreme Soul Shiv is Almighty. He comes in this world only to end the world of bodily beings, the world of body conscious people [the world of people with bodily ego], and to create the world of egoless deities and then depart. He teaches the practice to create that world of egoless deities, which was stated [said] just now. What was stated [said]? The Father tells the children. Which Father tells which children? The spiritual children....the children who make efforts to become constant in the [spiritual stage] stage of soul consciousness. They consider themselves to be souls/spirits and observe others in the form of souls/spirits. The sages and great sages also knew this matter when they wrote scriptures, but at that time the Age/Era was pure (satopradhan yug). At that time they had framed [made] a rule that – the soul sits in the middle of the forehead, a soul is a star; that is why the bindi should be applied here. At that time the stage was pure. Those who taught, they themselves used to be constant in this stage, and those who learnt also became constant in that stage, but, what happened later on? Later on, does the world gradually get transformed from satopradhan to tamopradhan, or does it rise? It has to experience downfall. While being in the company of bodily beings, the stage of everyone [everyone's stage] would certainly fall. 'One' uplifts and the rest of the world causes downfall. Those sages, saints and sanyasis who invented this concept, who brought forward this matter that - we are points of light souls, stars. For example it is written in Gita - 'Anoraneeyaam samanusmaret yah'. This soul is subtler than an atom. Just as there is an atom. It is even subtler than it. It is not visible through these eyes, but still it exists [is present]. When one suffers from Malarial fever, doctor extracts a drop (of blood). He spreads it on the glass. Is anything visible to us? Is any germ visible to us? No. Then he observes through a microscope, through a machine. Then, the germs become visible in it......He recognizes that - Yes, these are the germs of Malaria. So, it is not that - we would accept only whatever is visible to us and we would not accept whatever is not visible to us. Eyes are also machines. Some [people] have a sharp eye, and the eyes of some are not able recognize even the face of those sitting in front of their eyes. So, similar are those machines, through which the germs of malaria are observed. Even among those machines, one is better than the other. They are very, very powerful. While sitting here, they even observe whatever is present on the planet Saturn, the location of the mountains, and the location of the pits. So, it proves that the more powerful a human being is the more powerful would be his creation. The Supreme Father Supreme Soul is the most powerful. He tells that - these are destructible things, and destructible machines, but the soul is imperishable. It contains so much power, so much power that if the soul becomes resolute, and makes complete efforts, it can do anything. It can destroy the whole world and it can even establish the new creation in the entire world. The soul contains so much power, but it is when the soul becomes concentrated on itself. It should forget the body completely. So, the elevated effort-maker, who makes such efforts, has been named in the scriptures as - Shankar. He alone is such a deity whose name is added with Shiv. Neither Brahma's name, nor Vishnu's name, nor Jagdamba's ... names of none of the deities; there are 33 crore deities, and the name of none of them is added to Shiv. Like in our Indian tradition, the eldest child becomes entitled to kingship. So, similarly, the souls, which play a part on this world like stage by assuming this body-like tail; among those actor souls, the soul playing the most powerful part and the soul which plays the weakest part is one, which becomes hundred percent sinful as well as hundred percent pure. He has been named Shankar. His part is a mixed part. His part includes the part of Shiv's soul, which is hundred percent incorporeal, without vices [viceless], egoless; and it also includes the part of the hundred percent body conscious one. What is the task of Shankar? Among the three personalities, which particular task is shown for Shankar? (Someone said - In the remembrance). No. Remembrance is not a task at all. Task is performed through the bodily organs. To cause destruction, to destroy. So, it is said that he opened the third eye and caused the destruction of the world. So, such a big world, the task of destruction of that world has been mentioned to be that of Shankar. Then it has been said that purity causes establishment. The New world, the world of purity is created, and impurity causes destruction. It means that the sanskar is contained in that soul that even if he drinks the poison of the entire world, he is so poisonous; even then he cannot get destroyed. Why? Why can't it be possible? (Someone said – whether someone does it or not, it is one and the same). Yes. Just as it is for the other organs - not listening while hearing through the ears. Similarly, there is such power also in the sex-organ that if he desires, he may focus his thoughts on it, and if he does not desire, he may not. For example, sometimes we are sitting with our eyes open, and if someone passes in front of our eyes, or comes [in front of us], and we are not able to know as to who? Another person says – Hey! You were sitting here itself. You were sitting with your eyes wide open. You are not blind. You were not able to see?

Why were we not able to see? It is because the mind was working in some other direction. So, to control the mind... it is said - 'Manrev aatma.' [the mind itself is the soul], to concentrate the mind is a matter of practice. We ourselves made the mind inconstant in the 84 births, in the body and bodily relationships and because of experiencing the pleasures of the body. We established relationships with many bodily beings. The intellect was diverted in many bodily beings. We exchanged pleasures and pains with them, so our mind became very inconstant. It became practiced [habituated]. Now the Father comes and says – Children! He explains. What should you do now? Now this is your last birth. Atom bombs are ready. What? Why? Shankar's task is there, isn't it? What? The task of destruction. So, along with the name of Shankar, his task is also reminded of. What? Har-har, bom-bom. Jai Shankar. That word 'bomb' is associated with Shankar. Bomb means that – He explodes the bombs of knowledge as well, and then the gross bombs also come into action through him. scientists of the present day who have prepared the atomic energy do not contain so much power. They themselves fear – Oh! This is a very dangerous destructive thing – explosive that has got prepared. They do not have the power to explode them (these atomic bombs). But they have been inspired by someone, 'you prepare this'. So they did prepare them, but until the one who has inspired gives inspiration, they cannot explode them. And when would he give the inspiration? He would give the inspiration when the task of establishment of the new world is completed [accomplished]. So, it has been 70 years since this knowledge began. It means to say, how much time has passed since God came in this world, since Shiv has been giving this knowledge? 70 years have passed. Someone may say – Nothing has happened in such a long time, so, what will happen in future? The answer is that all the religious fathers who came, Abraham, Buddha, Christ, Guru Nanak, etc., all of them have also established their religion within (a period of) 100 years, within their lifetime. Similarly, when the father of those religious fathers, the father of fathers, comes to this world, He also takes hundred years time. Although 70 years have passed, in those 70 years the task of establishment by Brahma gets completed and also the task of destruction by Shankar gets completed at a mental level. What does establishment mean? The profession (vritti) of Brahmins... what is their profession (vritti)? Obtaining knowledge and giving knowledge to others. This karma [act] is considered to be the most righteous one. Knowledge means information. Information of what? The information of truth. Not the information of false matters. Does falsehood cause sorrows or pleasures [happiness]? Falsehood causes sorrows. And truth gives happiness. Truth [satya] leads to the 'Golden Age' [satyug] and falsehood leads to 'Iron Age' [kaliyug]. So, when the Supreme Soul comes in this world, He narrates the true knowledge. The one through whom He narrates the true knowledge is called Brahma. And, Brahma is shown to possess four or five heads. It means that there are some 4-5 souls, special souls on this world like stage, in whom He comes and accomplishes His task. That is why Brahma is called Panchanan (five-headed), Chaturaanan (four-headed). Which are the four souls? Which are those 4-5 souls? They are very famous in the scriptures. What? Whenever any novel is prepared [written], whenever a book of plays/drama is prepared [written], whenever a story book is prepared [written], then some such actor is depicted in it, who becomes very famous. He is called the hero actor. Also on this world like stage there are a hero and a heroine. One is Ram and the other is Krishna. The soul of Ram also passes through the cycle of 84 births, and the soul of Krishna also passes through the cycle of 84 births. The Supreme Soul Shiv enters in the (body of the) soul of Ram in a permanent/appointed manner from the beginning till the end and performs His task and He does not enter forever in the other Brahmas, who are depicted in the form of Brahma. When Shiv comes, He establishes the Brahmin religion through Brahma. Only those who become Brahmins go and become deities in the Golden Age and the Silver Age. This is the highest caste. It is a high caste. That is why in the path of worship, even today, Kshatriyas are not invited to have meals (on special/holy occasions). Vaishyas are not invited to have meals; they are not worshipped.....Brahmins are invited, they are offered food, their feet are touched, they are worshipped, they are given dakshina (a gesture in cash or kind in return for the religious services rendered by the Brahmins to householders). When is this matter about? the present time, when God comes in this world at the end of the Iron Age to transform the Age of falsehood into a land of truth He prepares Brahmins. How do the Brahmins get prepared? It is not so that, just as it has been written in the scriptures that Brahmins were born from the mouth of Brahma. A machine was present (in his mouth). He uttered 'hua' and the Brahmins emerged. No. The Brahma, in whose body the Supreme Soul Shiv enters and narrates knowledge through the mouth; those who imbibe that knowledge in their life, and make others imbibe it, are called Brahmins. So, those Brahmins are getting prepared since 70 years, but are all Brahmins alike? In the path of worship 9 categories of Brahmins are famous. It is said – there were 9 sages, the progeny that was born through those 9 sages, the generation that increased, constituted 9 groups of Brahmins belonging to 9 gotras. Actually, those Gotras are not a separate matter. It is a matter of the 9 religions that are prevalent in today's world. Sun Dynasty (Suryavansh) in the Golden Age, the Moon Dynasty (Chandravansh) in the Silver Age, Islamic people, Buddhists, Christians in the Copper Age; how many are they in total? Five. After that? After that come the Sanyasis, the Muslims, the Sikhs and the Aryasamajis......these nine religions that are prevalent in the world are actually the nine types of Brahmins of the highest generation, from where their foundation was laid in the world. There were 9 Gotras of those Brahmins. There must be someone who started them, who must have become deities first of all. That is why, the religious rituals (anushthaan) that are performed here, in those religious rituals, 9 planets are prepared. People worship those nine planets. Among them the eight deities are included. What? The eight belong to the class of deities, and are the ancestors of this world. Among them the ninth one who has been added is valueless. Its value is negligible. What for has it been added? To show the value of others. For example there used to be kings, there used to be Maharajas in the history; in their Courts nine gems used to be considered very great. Similarly, among all the 500-700 crore human souls, actors in this Court of the Supreme Soul, these nine souls are special, who are in the form of gems. Among them some play the parts in the form of diamonds. Some play a part in the form of a rubys (maanik). Some play a part in the form of pearls. Similarly, these nine gems indicate/tell the value of each other. The lesser their value, the later they become instrumental in establishing their religion. The Sun Dynasty gets established through Sun. The Moon Dynasty gets established through Moon. The Islamic Dynasty gets established through Abraham. The Christian Dynasty gets established through Christ. Buddha establishes Buddhism. So, they keep on coming numberwise on this world like stage and as and when they come, the form of the Earth keeps expanding. Earlier, when there was Sun Dynasty in this world, there was a small area in India in the form of a continent. These coastal areas of the Southern India were not present at all. Then as and when other religious fathers continued to come, the population of these religions went on increasing and the innocent and straightforward deities got entrapped by them. In whose trap? In the trap of Islamic people, Buddhists, Christians. They are very cunning. So, by getting entrapped by them, these deities who were innocent went on getting converted under the influence of their company. It has always happened in the history that only the deity souls, who belong to Hinduism, got converted to other religions. People belonging to other religions never got converted to Hindus. So, look! The population of other religions increased so much in the world and the population of the Hindus remained very less......So, the Aadi Sanatan Devi Devata Dharma, the true religion, which God establishes, that religion almost disappears. It cannot vanish because God established it, but it becomes rare. Now that Sun of knowledge Supreme Soul has to come again on this world to establish the same religion which has almost disappeared. For him it is said that – look, while coming in the relationship, contact and influence of many, you Bharatwasis (residents of Bharat) have reached such a condition! You were the crown (sartaaj) of the entire world, and now you have become dependant (muhtaaj) on other countries. What?.........Whenever any planning is to be made, they look towards other countries that they might give us alms. For example now these roads have begun to be laid all over India. National highways are being laid. So, they do not have the (financial) power to accomplish this task. So, they are taking money from the World Bank. So, the other countries have agreed – OK, give them (the money). So, are they dependant or are they a crown? They are dependant. Today, this dependant Bhaarat (India) which has become a beggar Bharat; it keeps seeking alms from other countries, to make that country a crown once again Supreme Soul Shiv comes and He tells the method. Look, how bad has your condition become under the influence of the company of many. Now you (remember) the one, who is the most righteous one,

whom the entire world remembers. Whether it is the Hindus, the Muslims, the Sikhs or the Christians. Hindus call Him 'Bhagwaan', Englishmen call Him 'God Father' and the Muslims call Him 'Allah'. Everyone remembers Him. He is the Father of those religious fathers too. When I, that highest on high Father, come in this world, I uplift you Bharatwasis (residents of Bharat) initially because you alone have taken complete 84 births. You have played an all-round part in this world-like stage. Others come in between and they would perish first. What?.....did America exist 500 years ago? There was no name or trace of America or the Christians who are so widespread in America today. Similar is the case with Australia. 300 years ago, nobody knew about the name or trace of Australia. 2500 years ago all these foreign religious lands did not exist at all. All were submerged under the As and when these religious fathers belonging to other religions came, their followers increased and correspondingly the other religious lands went on emerging from the ocean and the generation of the world went on increasing. Now the generation of the world has increased so much that if anyone wishes to control it, there is no question of controlling it. Great men came in this world and they invested their entire power to control the situation of the world; but is the world going on experiencing downfall or is it rising? What does it mean by 'experiencing downfall'? (Someone said – sinful) What does sinful mean? It means that everyone's level of thoughts is falling down. Love, harmony, tolerance, power of cooperation – all that is decreasing and jealousy, enmity towards one another is increasing. Vices are increasing and the virtues are decreasing. Deities have virtues and demons have vices. Today the entire world has become a demon. There is no human being, who creates only true thoughts in his mind or who does not create any wicked thought. When the entire world becomes a demon by coming under the influence of the demons; look, what is the condition of Bharat (India)? By adopting foreign culture, people are performing such actions, such licentious actions (vyabhichaari karma), which have been completely prohibited in Gita. Gita contains one kind of knowledge and people are behaving in a completely opposite manner, in another manner. Then God comes and says - Children, now I have come. You do not consider yourself to be a body. What should you consider? Consider yourself to be a soul and remember Me, the Father of the souls, the Supreme Soul Shiv, the point of light. What would happen by remembering Him? If we remember (Him), then as is the person or thing we remember, so we will become. If we remember thieves and dacoits, then we would imbibe [develop] the features of theft and dacoity. We would also become thieves and dacoits. And the highest actor, i.e. the Supreme Soul Shiv whom the people of every religion of the world believes, the religious fathers also believe. Gurunanak also used to point/hint towards whom? 'Ek omkar nirankar'. He used to point out towards Him only. So the same highest on high enabler (kartaar) has come in this world again. So, the first thing is – recognize me. What? You would not recognize by seeing through these eyes. How would you recognize? When the third eye would open, the three-eyed Father himself gives the knowledge of many births through the third eye. So, it has been said – Baba explains to the children everyday. 70 years have passed in explaining and the practice has not been completed even now. Which practice? Sit considering yourself to be a soul and recognize the Father of souls, the Supreme Father Supreme Soul Shiv in the appointed/chosen corporeal chariot in which He comes and after recognizing Him remember Him. Whom should you remember? Do not remember just the incorporeal, or do not remember just the corporeal. Remember the incorporeal one, who has come in that corporeal one, the one who is the highest actor. Omshanti.